



American River Bike Patrol News www.americanriverbikepatrol.org Holiday issue, 2024 Volume 5, Issue 5

Giving Tuesday seeks support of bike patrol

On December 3, the Tuesday following Thanksgiving Day, individuals around the world will pledge their support to local nonprofit organizations. Giving Tuesday is everyone's day to include charitable groups in end-of-year holiday giving.

The American River Bike Patrol (ARBP) asks for your donation on Giving Tuesday. Here's why:

The Bike Patrol's 115 members provide emergency first aid and bike repair assistance to cyclists, walkers, equestrians and other users on the 32-mile American River Parkway, one of the most heavily-used recreation trails in North America (8 million users) and on other multi-use trails in Sacramento, Roseville and El Dorado County.

The bike patrol serves as safety ambassadors along these trails, positively and gently informing trail users of trail etiquette, providing directions and assistance to those in need, being watchful for public safety and actively looking for people who need medical or mechanical assistance.

Bike Patrollers undergo rigorous and ongoing training to become certified in first aid, CPR, bike repair and trail etiquette. Since they began patrolling in 2020, ARBP's patrollers have patrolled more than 5,900 times, have ridden 16,476 hours and 107,169 miles, helped nearly 12,200 trail users, repaired 763 bicycles and provided emergency first aid to 1,298 cyclists, pedestrians and equestrians, while saving several lives. And they did this entirely as volunteers without being paid or the patrol receiving any subsidy from local, county or state governments.

Atop their efforts to improve trail safety, in partnership with UC Davis Health, the American River Bike Patrol has fitted hundreds of needy kids with bike helmets to prevent brain injuries, the #1 cause of death and disabilities to children, and it created a Junior Patroller program that has, in the past two years, trained 50 at-risk teens to cycle safely on city streets, become leaders, be first aiders and provide community service.

Since it began patrolling, the Bike Patrol has been honored by state and local governments for having made a difference in trail safety and it has twice been named the best bike patrol in the nation.

On Dec. 3 (or before, if you prefer), please include the American River Bike Patrol in your end-of-year charitable giving by going to: americanriverbikepatrol.org and clicking the "Donate" button.

The American River Bike Patrol is a 501.c3 charitable nonprofit organization (Fed Tax ID #92-3004380). Thanks for your support of the American River Bike Patrol!



Patrol leader John Poimiroo



Pages 2 and 3: an ARBP “what we do in photos” collage, w/ modest copy explanations



Each year, ARBP members help hundreds of trail users fix flat tires, assist with bike adjustments and offer safe cycling and walking advice.

Each year, the patrol makes well over 200 first aid interactions, from scrapes, twisted ankles, abrasions and medical emergencies including diabetic coma and heart attacks.



The patrol regularly offers trail-side hydration, helmet-fitting and informational kiosks.



Our 115 members offer friendly interaction with parkway users and plenty of suggestions for safe family outings.



The patrol started a Junior Patrol in 2023, with 17 students from Cordova and Grant High Schools. This year the program has over 30 students headed for a Nov. 9 graduation!

At right, some of the first year's Junior Patrollers.



Our Junior Patrollers are mentored over the 10 week program by over 30 adult bike patrollers and several teachers and volunteers.



How you can help reach potential donors:

Between now and December 3, please consider:

- Forwarding this newsletter out to family, friends and business cards via email or US mail,
- Sharing some of the Giving Tuesday “postcards” out several times between early November and early December, via email or using social media like Facebook, Instagram, TikTok or X,
- Consider making a donation in your own name.

Thanks for supporting the American River Bike Patrol through Giving Tuesday!

American River Bike Patrol Leadership

Team:Board:

Patrol Director: John Poimiroo
 Assistant Patrol Director: Kathie Mahdavi
 Director Emeritus: Jim Cheng
 Treasurer: Terry Reynolds
 Secretary: Tim Viall
 Registrar: Mitchel Benson
 AC/West, Greg Cordier (0-2)
 AC/East, Rick Bollinger (3-4)
 AC/Foothills, Ron Ciucci (5 -10)
 AC/North, Jeff Gamache (11-13)
 ARBP PR Jim Margolis

Team Leaders:

0 & 1 Greg Smith
 2 TBA
 3 Carolyn Lewis
 4 Carolyn Streng
 5 Paul Sassenrath
 6 Mitchel Benson
 7 Wendy Lambert
 8 Jeff Gordon
 9 Ron Cone
 10 TBA
 11 & 12 Alain Grenier (MBU)

Advisers:

Associations - Tim Viall
 Bike Training - Tim Viall
 EMS - Rick Bollinger
 Events - Don Hufford
 First Aid - Jim Margolis
 OEC -Derek Koonce
 Fundraising - Tim Viall
 Helmets - Greg Cordier
 Junior Patrol - Rich Fowler
 Mechanical - Rich Fowler
 Medical - Dr. David Shatz
 Membership - Gretchen Jacobs
 Mountain Bike Unit - Alain Grenier
 Newsletter - Mark Moreno
 Patroller's Handbook - John Poimiroo
 Public Relations - Victor Massenkoff
 Quartermaster - Dave Olney
 Radio Communications - Mark Moreno
 Safety Patrol - Tim Viall
 Social Media - Mark Moreno
 Information Technology - Chris Eddy

Agency Reps:

Sac County - Greg Cordier & Rick Bollinger
 California State Parks - Ron Ciucci & Alain Grenier (MBU)
 El Dorado County - Ron Ciucci
 City of Roseville - Jeff Gamache
 City of Sacramento - Rich Fowler

American River Bike Patrol News is published quarterly, in July, October, January and April (and occasional special issues). Send info/photos to Editor Mark Moreno, mark@mosyklos.net by the 25th of the previous month.

Join the Team!

American River Bike Patrol

American River Parkway Sacramento, El Dorado counties



Join us as a supporter during the nation-wide Giving Tuesday campaign. To support the ARBP from now through Dec. 3, go to americanriverbikepatrol.org, and click on the Donate button!

We welcome community members as biking or hiking patrollers; you will be trained as trail ambassadors receiving trail-readiness training, bike mechanical skills, Outdoor First Care first-aid and CPR training, mentoring and leadership training. Patrollers commit to 48-plus hours of annual patrolling along the American River Parkway and trails in Sacramento and El Dorado counties.

The American River Bike Patrol was established in 2020 and has grown to over 115 members assisting the public along the American River trail system. You'll become a member of the National Ski Patrol and its bike patrol subset, with 31,000 members in 640 bike/ski patrols across the USA.



Join the team, provide service and make life-long friends! We are seeking individuals who want to give back to their local community and assist cyclists and users of the American River trail system. Join with us!

For more info and to join our team, see our website:
americanriverbikepatrol.org

